



SRSLY MANCHESTER NEWSLETTER

March Recap

SRSLY MANCHESTER WANTS TO THANK YOU!

YOU ARE PAWSOME!

SRSLY MANCHESTER WANTS TO THANK YOU FOR YOUR PATIENCE & UNDERSTANDING DURING THIS DIFFICULT TIME. WE APPRECIATE YOU!



SRSLY, Check In With US

Did you know?

90% of Manchester Jr./Sr/ High School Students have NOT used marijuana in the past 30 days (MiPHY, 2019)

GUESS WHAT BEERS?

90% Manchester Jr/Sr
High School Students
have not used
marijuana in the past
30 days (MiPHY 2018)

MANCHESTER SRSLY CHECK IN

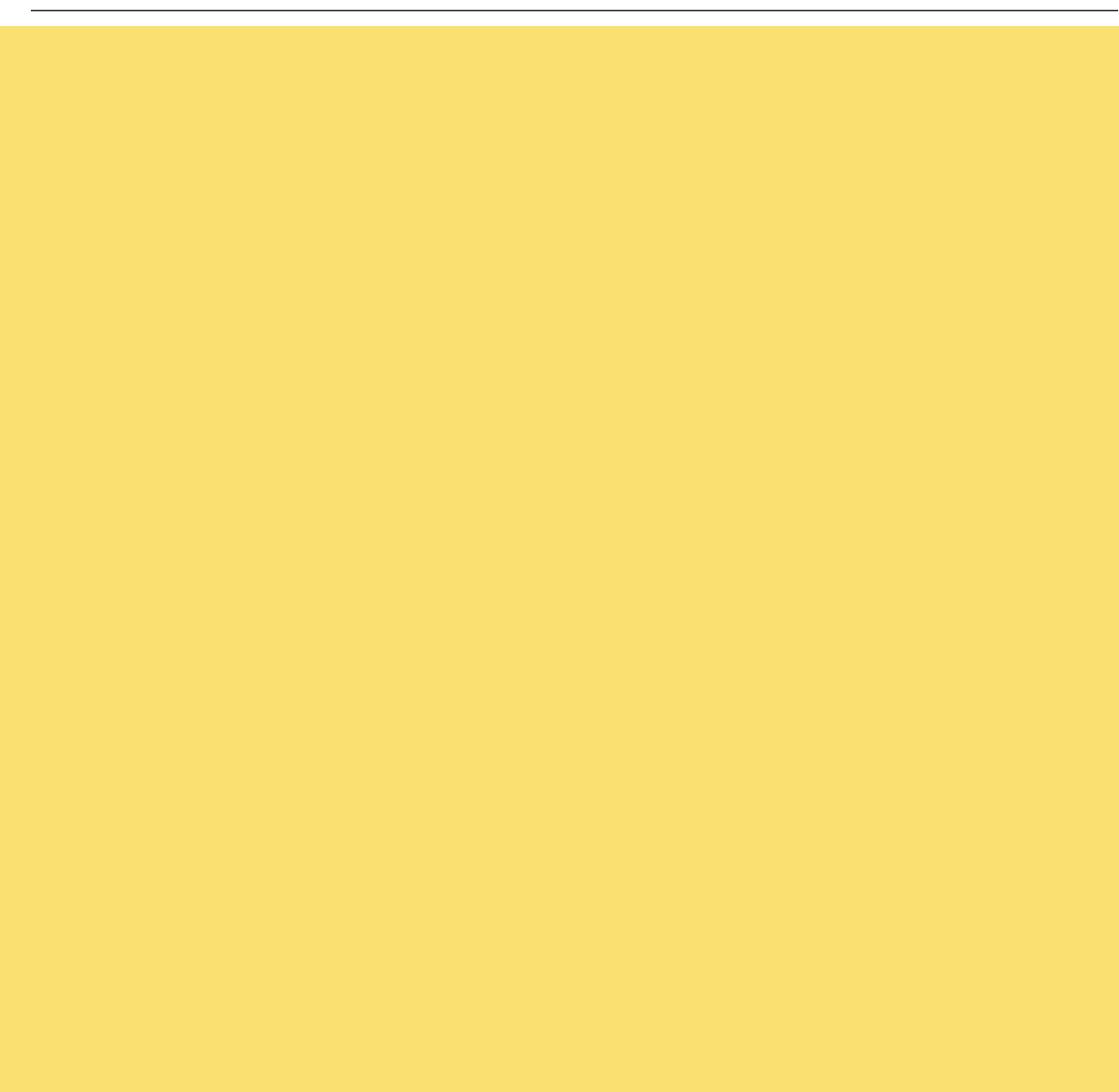


We hope you are doing well during this unprecedented time. We wanted to create this book to provide resources, wellness ideas, and at home activities for you and your family. We hope this book will provide you and your family with some extra information, laughs, and things to do together. In this booklet you will find:

- **Resources for COVID-19**, education, and mental health
- **Wellness Activities** such as mindful breathing, exercise ideas, and positive affirmations,
- **At home activities** ranging from word searches to rock painting.

Please scan or click on the link below to access the entire booklet.





**SRSLY MANCHESTER WANTS TO
WISH YOU AND YOUR FAMILIES A...**



HAVE A
HAPPY
EASTER!



WELCOME OUR NEW
SRSLY MANCHESTER
PROGRAM COORDINATOR



**ABBEY
CLARK**

Abbey is a student in the
Eastern Michigan School
Counseling Masters Program



Counseling Masters Program. She has helped host multiple drug take-back events in her prior Michigan Medicine administrative position. She is eager to meet each student and coalition member and is extremely grateful for this opportunity.

Quote of the Month

"Beauty begins when you decide to be yourself"
- Coco Chanel



SRSLY

STAY CONNECTED:

